

Adult Day Care Center of Las Vegas  
901 N. Jones Boulevard  
Las Vegas, NV 89108  
702.648.3425  
Fax: 702.648.1408



Adult Day Care Center of Henderson  
1201 Nevada State Drive  
Henderson, NV 89002  
702.368.2273  
Fax: 702.243.2273



# Happy Valentine's Day

## HENDERSON MONTHLY NEWSLETTER FEBRUARY 2018

LOVE IS IN THE AIR! The Adult Day Care Center Of Henderson (ADCCH) welcomes February. Valentine's Day is the heart of the month. February is also Heart Health Month, a great time to commit to a healthy life style, make small changes that lead to a life time of heart health. Our Center staff shares their heart, fun spirit, courage and enthusiasm in the love we have for our participants and each other. The Henderson Center responds to the important mission of supporting senior citizens in their efforts to remain independent, with dignity in the community. Our Center will continue to offer the fun contemporary activities that our participants enjoy, including: A daily exercise program, Tai Chi, Music Therapy, Brain Games, Gardening, Bingo competitions, Arts & Crafts and live entertainment in the afternoons. Please join us in this loving spirit as we celebrate the month of FEBRUARY.

[WWW.ADLTDAYCAREHENDERSON.ORG](http://WWW.ADLTDAYCAREHENDERSON.ORG)

MONDAY- FRIDAY 6:30AM - 6:30PM SAT8-6PM



## **HIGHLIGHTS FROM JANUARY**

January began with a bang! Our New Year's Eve Celebration was awesome. We were wonderfully entertained by Daniel Yaklich. Our seniors stated how they enjoyed his music and his mad cap jokes. It's not uncommon to see everyone on the floor dancing when Danny Rose is in the house. We would like to encourage everyone to join us for our afternoon live entertainment.

**If you think you missed your opportunity to buy our Senior Art Calendar, they are still on sale for \$10 and they are quite beautiful.** Our seniors have been very busy in our Arts and Crafts classes painting colorful abstract masterpieces. Sign Language classes on Thursdays have been a smash, and our daily Bingo is enjoyed by everyone.

### **NEW ARRIVALS**

We are pleased to welcome the new participants who became a part our Center family in January: Frances N. and Antonia P.

### **CLOSURES**

**There will be no closures in the month of February.**

### **GET PLUGGED IN!**

Visit our computer lab here at the center. It is located in the Quiet Room by our Arts & Crafts department. The software suits all of your needs with its vast technology.

### **DID YOU KNOW?**

An apple a day may keep the cardiologist away. A recent study found that people who ate apples daily for four weeks lowered their levels of oxidized LDL (a type of bad cholesterol that raises your risk of heart attack and stroke) by 40%. Source: Heart Health Handbook Woman's Day.



## EVENTS IN FEBRUARY



**Saturday's are Special!** We would like everyone to join us for our fun filled Saturdays. On February 5<sup>th</sup> Wear **Red** Day to raise awareness about women and heart disease. Please join us for morning Exercise from Head to Toe every Wednesday 10:00am. You also won't want to miss Thursday afternoon Spanish and Sign Language Class with Betty, and we have started our Henderson "Brain Games Thursdays". Caregivers are invited to all activities. It has been a lot of fun for our participants. We would love to have you join us **February 2nd** for our **Super Bowl Party**, **February 13<sup>th</sup>** for our **Mardi Gras** celebration and **February 14<sup>th</sup>**, we will be celebrating **Valentine's Day**. We are asking everyone to wear **Red**, the energy color of **love**. Please don't forget to submit your recipes. See attached flyer for details. Be on the look - out for some surprise events throughout the month. If these are not your regularly scheduled days, we would still love to see you here.

### GETTING SCENT-IMENTAL

A new aromatherapy scent, Chamomile, which helps one to relax and enjoy this month full of love, will be the aromatic of choice as we continue with our aromatherapy series.

### SEE WHAT'S IN BLOOM!

Our vegetable garden is dormant for the winter. We will replant in the spring.





## HAPPY BIRTHDAY



Our birthday party will be held on the 4<sup>th</sup> Wednesday of the month, February 28th, 2018. Our February celebrants are Ramiro G. (2/2), Lucila D. (2/4), Helen S. (2/10), Sara O. (2/10) and Joan V. (2/16). Entertainment will be provided and birthday treats will be served as well.



## SUPPORT GROUP

We have **Support Group Meetings!** Meetings will be on **the 2<sup>nd</sup> and the 4<sup>th</sup> Tuesday 10-11am.** Please see attached flyer for more details on caregiver support programs and community forum. Everyone is invited to attend!







# THANK YOU!





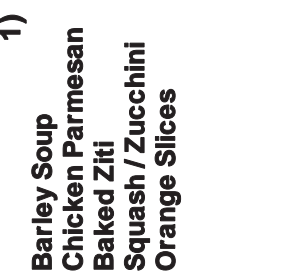
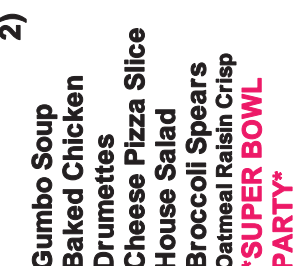



On behalf of our entire family of caring professionals at The Adult Day Care Center of Henderson, we would like to thank you for being an important and appreciated part of our Center. We continue to strive to make our Center a place of caring and fun for all our participants. Always remember that our heart and doors are always open to you and your family members need "WE DARE TO CARE" Thank you for choosing us!

Wxx Wxx j ÉÉwuxÜÜç  
Dee Dee Woodberry

**Activities Director**



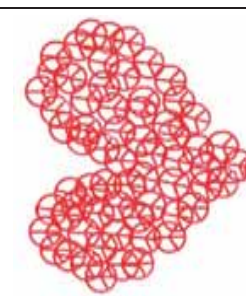




**LUNCH MENU**      **ADULT DAY CARE CENTER OF HENDERSON**      **FEBRUARY 2018**

| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   |
|---|---|--|---|---|--|--|
|    |    |   |   |    |   |                                      |
| <b>4)</b><br><b>WE ARE CLOSED</b><br><b>OUR ADULT DAY</b><br><b>CARE CENTER OF</b><br><b>LAS VEGAS IS</b><br><b>OPEN</b><br><b>7:30 AM – 6:00 PM</b>  | <b>5)</b><br>Cheddar Potato Soup<br>Turkey Spaghetti Casserole<br>Mixed Veggie Green Salad<br>Orange Slices                           | <b>6)</b><br>Lentil Soup<br>Garlic Chicken Rice Pilaf<br>Sautéed Vegetables<br>Pineapple Slices  | <b>7)</b><br>Cream Of Spinach Soup<br>Beef Stew w/ Veggies<br>Steamed Rice<br>Cornbread<br>Pears  | <b>8)</b><br>Veggie Soup<br>B-B-Que Chicken<br>Veggie Rice<br>Baked Beans<br>Green Salad<br>Cantaloupe<br><b>*COOKIE DAY*</b>       | <b>9)</b><br>Chicken Noodle Soup<br>Fish Fry<br>French Fries<br>Green Salad<br>Cinnamon Apples                                       | <b>10)</b><br>Beef Veggie Soup<br>Chicken Tenders<br>Sweet Potatoes<br>Green Beans<br>Orange Slices                  |
| <b>11)</b><br><b>WE ARE CLOSED</b><br><b>OUR ADULT DAY</b><br><b>CARE CENTER OF</b><br><b>LAS VEGAS IS</b><br><b>OPEN</b><br><b>7:30 AM – 6:00 PM</b> | <b>12)</b><br>Corn Veggie Chowder<br>Baked Fish<br>Macaroni & Cheese<br>Broccoli<br>Sliced Pears                                      | <b>13)</b><br>Split Pea Soup<br>Tuna Melt on Rye<br>Tater Tots<br>Green Salad<br>Cinnamon Peaches<br><b>*Mardi Gras*</b>                             | <b>14)</b><br>Green Salad<br>Baked Raspberry Chicken<br>Baked Potato<br>Green Bean<br>Strawberries and Cream<br><b>*VALENTINES PARTY*</b> | <b>15)</b><br>Beef Vegetable Soup<br>Turkey Salisbury Smothered Steak<br>Mashed Potato w/ Gravy<br>Peas and Carrots<br>Sliced Pears | <b>16)</b><br>Chili Bean Soup<br>Beef Soft Taco w/ lettuce, tomato, and cheese<br>Spanish Rice<br>Mexican Squash<br>Churros w/ Apple | <b>17)</b><br>Veggie Soup<br>Cheese Pizza<br>Cucumber Salad<br>Pears   |
| <b>18)</b><br><b>WE ARE CLOSED</b><br><b>OUR ADULT DAY</b><br><b>CARE CENTER OF</b><br><b>LAS VEGAS IS</b><br><b>OPEN</b><br><b>7:30 AM – 6:00 PM</b> | <b>19)</b><br>Cobb Salad<br>Roast Turkey Breast<br>Mashed Potato w/ Gravy<br>Green Beans<br>Orange Slices<br><b>*APPLE CRISP DAY*</b> | <b>20)</b><br>Broccoli Soup Oven Fried Catfish<br>Wild Rice<br>Green Salad<br>Cinnamon Apples<br><b>*FRUITY SMOOTHIE DAY*</b>                        | <b>21)</b><br>Cream of Veggie Soup<br>Chicken Parmesan<br>Baked Pasta<br>Squash & Zucchini<br>Apples w/ Granola                           | <b>22)</b><br>Chicken & Rice Soup<br>Tuna Salad<br>Sandwich w/ lettuce & tomato<br>Multi Gran Chips<br>Orange Smiles                | <b>23)</b><br>Vegetable Soup<br>Beefy Sloppy Joe w/ cheese on a bun<br>Zucchini Fries<br>Sliced Peaches                              | <b>24)</b><br>Chicken Noodle Soup<br>Turkey & Cheese Sub Sandwich w/ lettuce & tomato<br>Tater Tots<br>Sliced Apples |
| <b>25)</b><br><b>WE ARE CLOSED</b><br><b>OUR ADULT DAY</b><br><b>CARE CENTER OF</b><br><b>LAS VEGAS IS</b><br><b>OPEN</b><br><b>7:30 AM – 6:00 PM</b> | <b>26)</b><br>Tomato Soup<br>Baked Fish<br>Hush puppies<br>Cole Slaw<br>Peas and Carrots<br>Pineapple Slices                          | <b>27)</b><br>Beef Barley Soup<br>Southwest Turkey Wrap w/ lettuce & tomato<br>Cucumber Salad<br>Cottage Cheese w/ Peaches<br><b>*BIRTHDAY CAKE*</b> | <b>28)</b><br>Potato Leek Soup<br>Taco Salad<br>Lettuce & Tomato Cheese / Turkey<br>Pineapple Slices                                      |    |   |                                    |

\*Milk is offered at Breakfast and Lunch.

**ACTIVITY CALENDAR    ADULT DAY CARE CENTER OF HENDERSON    FEBRUARY 2018**

| MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   |
|--|--|--|---|--|--|
|   |   |   | <b>1)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>1:00 <u>HSIANG CHI</u><br><u>ALEXANDER</u><br>2:00 <u>SIGN LANGUAGE</u><br><u>w/BETTY</u><br>3:00 Bingo  | <b>2)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Spa / A&amp;C</b><br>12:30 Trivia<br>1:00 <u>MARK CHEMERY</u><br>3:00 Bingo<br><b>*Super Bowl Party*</b> | <b>3)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Trivia<br>1:00 <u>LOVE STORY</u><br><u>MOVIE MATINEE</u><br>3:00 Bingo                      |
| <b>5)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Ball Toss<br>1:00 <u>NANCY</u><br><u>BUCKNER</u><br>3:00 Bingo<br><b>Red T-Shirt for Heart Health</b> | <b>6)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Sing-A-Long<br>1:00 <u>FUMIKO DUNKIN</u><br>3:00 Bingo                    | <b>7)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Joyce Asada</b><br>12:30 Trivia<br>1:00 <u>DANA LARA</u><br>3:00 Bingo<br><b>*HUG DAY*</b>                               | <b>8)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>1:00 <u>HSIANG CHI</u><br><u>ALEXANDER</u><br>2:00 <u>SIGN LANGUAGE</u><br><u>w/BETTY</u><br>3:00 Bingo  | <b>9)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Spa / A&amp;C</b><br>12:30 Trivia<br>1:00 <u>MARK CHEMERY</u><br>3:00 Bingo                              | <b>10)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Trivia<br>1:00 <u>COMEDY MOVIE</u><br><u>MATINEE</u><br>3:00 Bingo                         |
| <b>12)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Ball Toss<br>1:00 <u>JOHN HARBIN</u><br>3:00 Bingo<br><b>*SMILE DAY*</b>                             | <b>13)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Sing-A-Long<br>1:00 <u>MAD ENT.</u><br>3:00 Bingo<br><b>*Mardi Gras*</b> | <b>14)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Joyce Asada</b><br>12:30 Trivia<br>1:00 <u>JENNIE N.</u><br><u>FRANCO</u><br>3:00 Bingo<br><b>Valentine's Day Party</b> | <b>15)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>1:00 <u>HSIANG CHI</u><br><u>ALEXANDER</u><br>2:00 <u>SIGN LANGUAGE</u><br><u>w/BETTY</u><br>3:00 Bingo | <b>16)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Spa / A&amp;C</b><br>12:30 Trivia<br>1:00 <u>MARK CHEMERY</u><br>3:00 Bingo                             | <b>17)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Trivia<br>12:15 <u>VALENTINE</u><br><u>MOVIE MATINEE</u><br>3:00 Bingo                     |
| <b>19)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Ball Toss<br>1:00 <u>DANA LARA</u><br>3:00 Bingo   | <b>20)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Sing-A-Long<br>1:00 <u>JENNIE N.</u><br><u>FRANCO</u><br>3:00 Bingo      | <b>21)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Joyce Asada</b><br>12:30 Trivia<br>1:00 <u>NANCY</u><br><u>BUCKNER</u><br>3:00 Bingo                                    | <b>22)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>1:00 <u>HSIANG CHI</u><br><u>ALEXANDER</u><br>2:00 <u>SIGN LANGUAGE</u><br><u>w/BETTY</u><br>3:00 Bingo | <b>23)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Spa / A&amp;C</b><br>12:30 Trivia<br>1:00 <u>MARK CHEMERY</u><br>3:00 Bingo                             | <b>24)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Trivia<br>1:00 <u>SING-A-LONG</u><br><u>COMEDY MOVIE</u><br>3:00 Bingo<br><b>*ART DAY*</b> |
| <b>26)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Ball Toss<br>1:00 <u>JENNIE N.</u><br><u>FRANCO</u><br>3:00 Bingo                                    | <b>27)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Sing-A-Long<br>1:00 <u>MAD ENT.</u><br>3:00 Bingo                        | <b>28)</b><br>9:00 Current Events<br>9:30 Exercise<br>10:00 <b>Arts &amp; Crafts</b><br>12:30 Sing-A-Long<br>1:00 <u>JOHN HARBIN</u><br>3:00 Bingo                                     | <br><b>L-O-V-E</b>  |   | <b>HAPPY BIRTHDAY</b><br>Ramiro G. 2/2<br>Lucila D. 2/4<br>Helen S. 2/10<br>Sara O. 2/10<br>Joan V. 2/16   |



**Attention: Cooks, Chefs,  
Food Enthusiasts!**

*Nevada Senior Services, Inc.*



Seniors, Caregivers, Family and Friends!

# Please Submit Your Recipes!

We will publish one each month with our newsletter!

In addition, we will publish a compilation of recipes with artwork next year!

All types of recipes welcomed – entrées, desserts, family traditions, you name it!

Please drop off your recipe with the front desk person, attention Jennifer or Dee Dee,  
at the Adult Day Care Center.

You may also email it to [admissions@nevadaseniorservices.org](mailto:admissions@nevadaseniorservices.org).



Adult Day Care Center of Las Vegas

901 N. Jones Boulevard, Las Vegas, NV 89108 Phone: (702) 648-3425 Fax: (702) 648-1408

Adult Day Care Center of Henderson

1201 Nevada State Drive, Henderson, NV 89002 Phone: (702) 368-CARE (2273) Fax: (702) 243-CARE (2273)



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# Recipe of the Month

Submitted by:  
All Nevada Senior Services Participant's



## Valentine's Day Chocolate Sugar Cookies

### Ingredients:

|   |                            |
|---|----------------------------|
| 1 cup butter, room temperature  | 2 teaspoons baking powder  |
| 2 cups sugar  | Pinch of salt              |
| 2 eggs, room temperature  | 1 cup mini chocolate chips |
| 2 teaspoons vanilla extract   | 5 ½ cups all-purpose flour |
| 1/3 cup chocolate chips – to arrange on top of the cookies (optional) |                            |

### Directions:

- Heat the oven to 350°F. Line 2-3 baking sheets with parchment paper. Set aside. In a mixing bowl add the butter and the sugar. With the paddle attachment on, beat on low speed until creamed and fluffy, about 3 minutes. Add in the eggs, one at a time and the vanilla extract. Slowly pour in the flour, baking powder and salt. With a spatula, fold in the chocolate chips. Using a large scoop, drop cookie dough onto the prepared baking sheets. Top each cookie with a couple of chocolate chips. Bake for 17 minutes.

# Comprehensive Geriatric Assessment Program

NEVADA SENIOR SERVICES



*A Community Program Promoting Health and Providing Convenience for Mature Adults*



## Why Do Older Adults Need a Geriatric Assessment?

Many illnesses that commonly affect older adults are manageable with a change in lifestyle, medications, modifications in diet, exercise and other daily living behaviors. Through the Nevada Senior Services' team approach, Southern Nevada's finest board certified Geriatricians, individuals and their families work together to improve and maintain the highest quality of life for men and women in our community.

- Physician referrals are not required •

## COMPREHENSIVE GERIATRIC ASSESSMENT

- Fall Prevention
- Memory Loss
- Assess Mobility
- Current and Past Illnesses
- Depression & Emotional Health
- Impaired Vision or Hearing
- Nutritional Concerns
- Medication Review
- Living Environment Function
- Caregiver Network and Services
- Functionality Measure
- Rehabilitation Status
- Recent or Impending Life Changes
- Incontinence Issues
- Sleep Difficulties
- Final reports sent to your Primary Care Physician

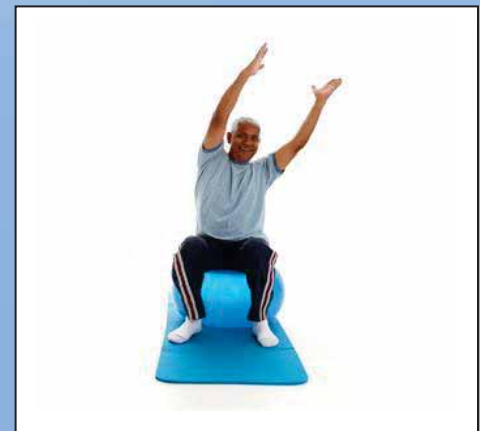
## WELL-VISIT HEALTH SCREENINGS

Annual and biannual recertification for medical programs

- Geriatric Wellness Physical Exam
- Completion of Medicaid Forms
- Health Services Referrals
- Medication Review
- Final Reports Sent to Your Primary Care Physician

**\*Both Programs are covered by Medicare & Medicaid with No Additional Cost to Consumers!**

This program is made possible by a generous grant from the Nevada Aging and Disability Services Division



**CALL 702-648-3425 to schedule an appointment • 901 N. Jones, Las Vegas, NV 89108**

Nevada Senior Services

# Care Consultation

Caregiver Phone  
Support



Call today:

**Celeste Graham**

Lead Care Consultant

(702) 333-1556

or

(702)364-2273

## What is Care Consultation?

A FREE phone based program offering services, empowerment and support for caregivers & individuals living with health challenges

Care Consultation provides:

- Personalized coaching
- Help coping with care-related concerns
- Planning for the future
- On-going support
- Convenience—connect with your Care Consultant over the phone



**Nevada Senior Services, Inc.**

901 N. Jones Boulevard

Las Vegas, NV 89108

Phone (702) 648-3425

Fax (702) 648-1408

BRI Care Consultation™ is a licensed product of the Benjamin Rose Institute on Aging.  
Care Consultation is made available through the support of NV Aging & Disability Services Division



# Support • Learn • Grow



## FREE SUPPORT GROUPS

*For those caring for someone with Alzheimer's disease or other dementias...*

### Monthly Meetings

**Adult Day Care Center of Las Vegas**

**1st & 3<sup>rd</sup> Wednesdays 10 - 11am**

901 N. Jones Boulevard, Las Vegas 89108

*Group Leader: Marcy Cherek, LSW, MSW*

**Call (702)648-3425 to Register**



**Adult Day Care Center of Henderson**

**2<sup>nd</sup> & 4<sup>th</sup> Tuesday of the Month, 10 - 11am**

1201 Nevada State Drive, Henderson 89002

*Group Leader: Azaria Williams, BSW*

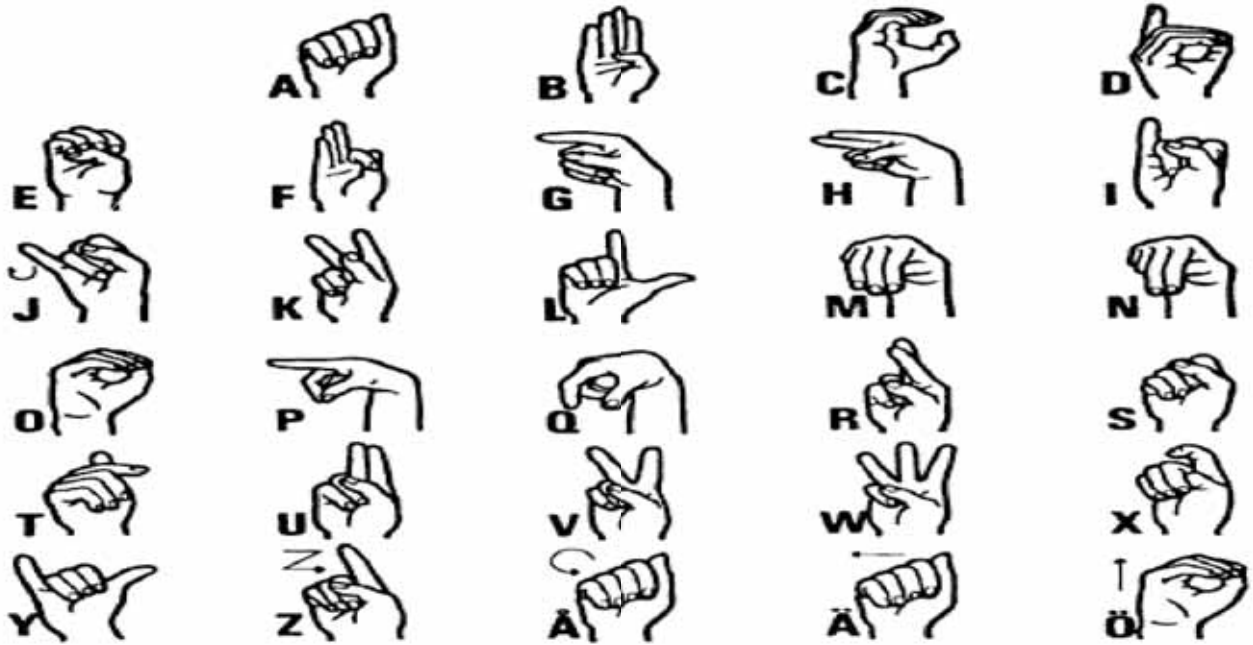
**Call (702)368-2273 to Register**

**\*FREE Supervision for your loved-one while you attend the Support Groups**

**\*Call for details and registration**

[www.nevadaseniorservices.org](http://www.nevadaseniorservices.org)

# AMERICAN SIGN LANGUAGE IS HERE!!



COME JOIN OUR

(ASL) AMERICAN SIGN

LANGUAGE CLASS

WITH BETTY

EVERY THURSDAY AT 10:00 AM

-ADULT DAY CARE STAFF

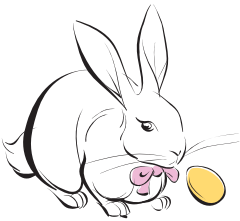
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## Attention Caregivers

We are here for you and your loved ones...



Our 901 N. Jones location, Adult Day Care Center of Las Vegas will now be open ALL holidays

EXCEPT

**Thanksgiving** and **Christmas Day**

Henderson participants are welcome to attend the Jones location during all open holidays.

Please call *Tanya* in advance to make a reservation.

702.368.2273 **Mark your calendars ...**





RENOVATE • ACCESSIBLE • MOBILITY • PREVENTION

**Seniors having difficulty with walking or balance?  
Not feeling safe from falls in your home?**



*Affordable Solutions for Home Modifications for Safety & Independence*

- ◆ GRAB BARS IN BATHROOMS
- ◆ HANDHELD SHOWERS
- ◆ ADAPTABLE FAUCETS
- ◆ WALK IN SHOWERS
- ◆ HANDRAILS FOR STAIRS
- ◆ ADJUSTMENTS TO CABINETS
- ◆ RAMPS

**FREE SERVICES AVAILABLE** for seniors who are financially and physically eligible

**(702) 648-3425**

**[www.rampnv.org](http://www.rampnv.org)**

Division of Nevada Senior Services

The RAMP Program is made possible through a grant from the Nevada Aging and Disability Services Division

# REACH Out ...



## HELP is in REACH



### Nevada Senior Services

was recently named as a grant recipient from the Rosalynn Carter Institute for Caregiving (RCI) at Georgia Southwestern State University for the RCI REACH (Resources for Enhancing Alzheimer Caregiver Health) Program.

New FREE Program starting Feb 2013

CARING FOR A LOVED ONE  
WITH ALZHEIMER'S DISEASE  
OR DEMENTIA?

**Call Nevada Senior Services  
(702) 648-3425 for information**

RCI REACH is made possible through support from:

*Johnson & Johnson*





# SNAP

Helping people put healthy food on the table.

You may be able to get SNAP benefits if you are:

- Working for low wages
- Working part-time
- Unemployed
- Receiving other public assistance
- Elderly
- Disabled
- Homeless

## SNAP MAXIMUM GROSS MONTHLY INCOME REQUIREMENTS

|                    |        |
|--------------------|--------|
| 1 person household | \$1806 |
| 2 person household | \$2430 |
| 3 person household | \$3052 |
| 4 person household | \$3676 |
| 5 person household | \$4300 |
| 6 person household | \$4922 |

## Tough times require new solutions

### Items to bring with you, if applicable:

- Picture Id
- Alien Registration Card
- Social Security Card for all family members
- Last 3 current pay check stubs
- If employment ended in the last 90 days verification of the job ending
- Social Security award letter or pension letter
- Child support (print out if currently paying or receiving)
- Current bank statement
- Letter from any source of income of friends or family assisting you by paying bills or giving money
- Residency verification (lease agreement, rent receipt and utility bill)

A monthly calendar of outreach sites is available at: [www.threesquare.org](http://www.threesquare.org) or call Three Square for assistance. (702) 644-3663

To apply contact our SNAP Outreach Advocates for a location near you.

Claudia Baltrons (702) 280-0504  
 Elizabeth Guillen (702) 343-3274  
 Terry Macias (702) 539-1070  
 Cecilia Ortiz (702) 539-2564

Three Square program is partially funded through NV State Division of Welfare and Supportive Services (DWSS). SNAP Advocates are certified by DWSS. All services are free.



Adult Day Care Center of Las Vegas  
901 N. Jones Boulevard  
Las Vegas, NV 89108  
702.648.3425  
Fax: 702.648.1408



Adult Day Care Center of Henderson  
1201 Nevada State Drive  
Henderson, NV 89002  
702.368.2273  
Fax: 702.243.2273

# SUPER SATURDAYS!



**JUST A REMINDER:**

**THE ADULT DAYCARE CENTER OF HENDERSON  
IS OPEN ON SATURDAY**

**OUR HOURS ARE 8:00AM – 6:00PM.**

**YOU WON'T WANT TO MISS OUT!**

**SO PLEASE RESERVE YOUR SPOT TODAY WITH  
LINDA!!**

~Thank You,  
Adult Day Care Center of Henderson Staff

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Fax: 702.648.1408



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702.368.2273  
Fax: 702.243.2273

# SUPER SUNDAYS!



**JUST A REMINDER:**

**THE ADULT DAYCARE CENTER OF LAS VEGAS  
IS OPEN ON SUNDAY  
OUR HOURS ARE 8:00AM – 6:00PM.  
YOU WON'T WANT TO MISS OUT!  
SO PLEASE RESERVE YOUR SPOT TODAY WITH  
MARISELA, BRITTNEY OR DEE DEE!!**

~Thank You,  
Adult Day Care Center of Las Vegas Staff