

# ACTIVITY CALENDAR

# ADULT DAY CARE CENTER OF HENDERSON (Rev. 10/6)

# OCTOBER 2020

MONDAY


TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

	<p>DAVID R. 10/24</p> 		<p><b>BLUEGRASS DAY 1)</b></p> <p>10:30 Chair Yoga-Nora 11:00 Bluegrass Music Appreciation &amp; History 1:30 Bingo 2:30 Popcorn Movie Matinee – Comedy Movies <b>World Bluegrass Day</b></p>	<p><b>2)</b></p> <p>10:00 Therapy Dogs 11:00 SPA NAILS, NECK &amp; HAND MASSAGE 12:30 Ball Toss 1:00 Stretch &amp; Flex! 1:30 Sing along to Broadway Musicals</p>	<p><b>3)</b></p> <p>ADULT DAY CARE OF HENDERSON IS TEMPORARILY CLOSED ON SATURDAY. HOWEVER, THE ADULT DAY CARE CENTER OF LV IS OPEN, SAT &amp; SUN.</p>
<p><b>5)</b></p> <p>10:00 Stretch &amp; Sing 10:30 Casino Games 12:30 Ball Toss 1:00 “Faces of Hope” Art project 2:00 Bingo Teacher Appreciation Day</p>	<p><b>Octoberfest! 6)</b></p> <p>10:30 Octoberfest Tour of Germany &amp; Activities 1:00 Sign Language 2:00 Bingo 3:00 Sing-a-long German-American Day</p>	<p><b>Pumpkin Painting 7)</b></p> <p>9:30 Current Events 10:00 Chair Exercise 10:30 Bingo 1:00 Pumpkin Painting 2:30 Trivia Bag 3:00 Sing &amp; Dance</p>	<p><b>8)</b></p> <p>10:00 Brain Breaks Songs 10:30 Chair Yoga-Nora 11:00 Charades! 12:30 Ball Toss 1:00 Bingo 2:30 Popcorn Movie Matinee – Biography</p>	<p><b>9)</b></p> <p>10:00 Chair Dance Yoga 10:30 Horoscopes &amp; Astrology 12:30 Bingo 2:00 Car Pool Karaoke 3:00 Game Shows</p>	<p><b>10)</b></p> <p>ADULT DAY CARE OF HENDERSON IS TEMPORARILY CLOSED ON SATURDAY. HOWEVER, THE ADULT DAY CARE CENTER OF LV IS OPEN, SAT &amp; SUN.</p>
<p><b>Science Field Trip 12)</b></p> <p>10:00 Sequencing: Puzzles 11:00 Nevada Dinosaurs Zoom Exploration 1:00 Bingo 2:00 Trivia Bag 3:00 Ring Toss Columbus Day</p>	<p><b>FLU SHOT CLINIC 13)</b></p> <p>10:00 Sing-a-long 10:30 Exercise 12:30 Ball Toss 1:30 American Bandstand! 2:30 Bingo 3:00 Talent Show TV</p>	<p><b>DOWN UNDER DAY 14)</b></p> <p>10:00 Aussie Dance 10:30 Tour Australia 11:00 Aussie Trivia 1:00 Koala Arts &amp; Crafts 2:00 Bingo Discover Australia!</p>	<p><b>Angel Paws 15)</b></p> <p>10:00 Brain Breaks Songs 10:30 Chair Yoga-Nora 11:00 Finish the Phrase 1:00 Therapy Dogs – Michael’s Angel Paws 2:00 Bingo</p>	<p><b>16)</b></p> <p>9:30 Current Events 10:00 “Faces of Hope” Art Project (cont.) 11:00 Sports Play 1:00 Bingo 2:30 Popcorn Movie Matinee – Adventure film</p>	<p><b>17)</b></p> <p>ADULT DAY CARE OF HENDERSON IS TEMPORARILY CLOSED ON SATURDAY. HOWEVER, THE ADULT DAY CARE CENTER OF LV IS OPEN, SAT &amp; SUN.</p>
<p><b>19)</b></p> <p>10:00 Chair Dance Yoga 11:00 Brain Busters! 12:30 Soul Train 1:00 RHYTHMIC REMINISCENCE CIRCLE 2:00 Bingo 3:00 Game Shows</p>	<p><b>20)</b></p> <p>10:00 Current Events 10:30 Chair Tai Chi 1:00 Parachute Play 1:30 Outdoor Games 2:30 Bingo 3:00 Hangman</p>	<p><b>Hollywood Day 21)</b></p> <p>10:00 Exercise 11:00 Shout Out Game 1:00 The Golden Age of Hollywood Activities &amp; Trivia 2:00 Bingo 3:00 Popcorn Movie Matinee - Old Hollywood Golden Age of Hollywood!</p>	<p><b>22)</b></p> <p>10:00 Brain Breaks Songs 10:30 Chair Yoga-Nora 11:00 Charades! 12:30 Ball Toss 1:00 Bingo 2:30 Casino Games</p>	<p><b>Explore Nevada! 23)</b></p> <p>10:00 Stretch &amp; Sing 11:00 Valley of Fire via Zoom w/Ranger Kayla! 1:00 Chair Dance Yoga 2:30 Movie Matinee: Rom-Com theme</p>	<p><b>24)</b></p> <p>ADULT DAY CARE OF HENDERSON IS TEMPORARILY CLOSED ON SATURDAY. HOWEVER, THE ADULT DAY CARE CENTER OF LV IS OPEN, SAT &amp; SUN.</p>
<p><b>? MYSTERY-DAY? 26)</b></p> <p>10:00 Chair Workout 11:00 Mystery Solving Activities-Critical Thinking! 1:00 Trivia Bag 2:00 Bingo 3:00 LOL Funny Animal Videos ☺</p>	<p><b>27)</b></p> <p>9:30 Chair Dance 10:00 Sharing &amp; Connecting w/Friends 11:00 Casino Games 1:00 Brain Busters! 2:00 Bingo 3:00 Ball/Ring Toss</p>	<p><b>28)</b></p> <p>10:00 RHYTHMIC REMINISCENCE CIRCLE 11:00 Suitcase Surprise! 1:00 Karaoke Fun 2:00 Bingo 3:00 Popcorn Movie Matinee – Best of the 80’s</p>	<p><b>NEVADA DAY OBSERVE 29)</b></p> <p>10:00 Charades! 10:30 Chair Yoga-Nora 11:00 Nevada Day Trivia 12:30 Ball Toss 1:00 Bingo 2:30 Popcorn Movie Matinee – Westerns</p>	<p><b>HALLOWEEN PARTY! 30)</b></p> <p>10:00 Halloween Party! Games &amp; Activities 12:30 Sensory Game 1:30 Bingo 2:30 Popcorn Movie Matinee – Scary Movies! <b>HALLOWEEN PARTY!</b></p>	<p><b>31)</b></p> <p>ADULT DAY CARE OF HENDERSON IS TEMPORARILY CLOSED ON SATURDAY. HOWEVER, THE ADULT DAY CARE CENTER OF LV IS OPEN, SAT &amp; SUN.</p>