

**ACTIVITY CALENDAR**  
**SUNDAY MONDAY**

**ADULT DAY CARE CENTER OF LAS VEGAS**  
**TUESDAY WEDNESDAY THURSDAY FRIDAY**

**MARCH 2021**  
**SATURDAY**

|  |   |  |   |  |  |  |
|--|---|--|---|--|--|--|
| <p><b>We Are CLOSED SUNDAYS AT The Adult Day Care Center of Las Vegas</b></p>          | <p>1)<br/>           9:00 Current Events<br/>           9:30 <b>Exercise</b><br/>           10:00 Lucky Brain Games <b>ARTS&amp;CRAFTS</b><br/>           12:30 Trivia<br/>           1:30 <u>Make Some Energy w your Hands Day</u><br/>           3:00 <b>SPECIAL Bingo</b><br/>           Share your Smile Day – Change the world</p> | <p>2)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>COOL WALKING</b><br/>           12:30 <b>BRAIN TRIVIA</b><br/>           1:30 <u>MOVE GROOVE w ARTURO</u><br/>           3:00 Bingo<br/>           Green Acres Day</p> | <p>3)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>A&amp;C</b><br/>           12:30 Trivia<br/>           1:30 <u>SIGN LANGUAGE w Martha</u><br/>           3:00 Bingo</p>   | <p>4)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>Virtual Yoga w /Nora</b><br/>           12:30 Trivia<br/>           1:30 <u>LEARN A NEW WORD DAY</u><br/>           3:00 Bingo<br/>           Happy go Lucky Day</p> | <p>5)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>DANCE</b><br/>           12:00 <b>ARTS &amp; CRAFTS</b><br/>           1:30 <u>POETRY FRIDAY</u><br/>           3:00 Bingo<br/>           * <b>CONNECTIONS*</b></p>                      | <p>6)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>TAI CHI</b><br/>           12:00 <b>ARTS &amp; CRAFTS</b><br/>           1:30 <u>HOOP DREAM MOVIE MATINEE</u><br/>           3:00 Bingo<br/>           Comedy –Hour w/ Paula</p>   |
| <p>7)<br/> <b>We Are CLOSED SUNDAYS AT The Adult Day Care Center of Las Vegas</b></p>  | <p>8)<br/>           9:00 Current Events<br/>           9:30 <b>Exercise</b><br/>           10:00 Happy Brain Games <b>ARTS&amp;CRAFTS</b><br/>           12:30 Trivia<br/>           1:30 <u>Color Outside the lines Day</u><br/>           3:00 <b>SPECIAL Bingo</b></p>  | <p>9)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>CREATIVE JAZZ MOVEMENT</b><br/>           12:30 <b>BRAIN TRIVIA</b><br/>           1:30 <u>MOVE GROOVE w ARTURO</u><br/>           3:00 Bingo</p>                      | <p>10)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>A&amp;C</b><br/>           12:30 Trivia<br/>           1:30 <u>OPTIMISM DAY</u><br/>           3:00 Bingo<br/>           *<b>HUMOR DAY*</b></p>  | <p>11)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>Virtual Yoga w/Nora</b><br/>           12:30 Trivia<br/>           1:30 <u>LET'S TALK ABOUT FLOWERS</u><br/>           3:00 Bingo</p>                               | <p>12)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>DANCE</b><br/>           12:00 <b>ARTS &amp; CRAFTS</b><br/>           1:30 <u>FRIDAY POETRY</u><br/>           3:00 Bingo<br/>           * <b>CONNECTIONS*</b></p>                     | <p>13)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>TAI CHI</b><br/>           12:00 <b>ARTS &amp; CRAFTS</b><br/>           1:30 <u>ST.PATTYS DAY's MOVIE MATINEE</u><br/>           3:00 Bingo</p>  |
| <p>14)<br/> <b>We Are CLOSED SUNDAYS AT The Adult Day Care Center of Las Vegas</b></p> | <p>15)<br/>           9:00 Current Events<br/>           9:30 <b>Exercise</b><br/>           10:00 Green Brain Games <b>ARTS&amp;CRAFTS</b><br/>           12:30 Trivia<br/>           1:30 <u>Travel to Ireland</u><br/>           3:00 <b>SPECIAL Bingo</b><br/>           *<b>LAUGH DAY*</b></p>                                     | <p>16)<br/>           9:00 Current Event<br/>           9:30 Exercise<br/>           10:00 <b>MARCHING IN PLACE</b><br/>           12:30 <b>BRAIN TRIVIA</b><br/>           1:30 <u>MOVE GROOVE w ARTURO</u><br/>           3:00 Bingo</p>                           | <p>17)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>Balloon Tennis Ball</b><br/>           12:30 Trivia<br/>           1:30 <u>GREEN -SIGN LANGUAGE w Martha</u><br/>           3:00 Bingo<br/>           *<b>St Patty's Day Party</b></p> | <p>18)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>Virtual Yoga w/Nora</b><br/>           12:30 <b>A&amp;C</b><br/>           1:30 <u>HULA HOOP FUN</u><br/>           3:00 Bingo<br/> <b>March Madness</b></p>        | <p>19)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>DANCE</b><br/>           12:00 <b>ARTS &amp; CRAFTS</b><br/>           1:30 <u>IT'S NOT EASY BEING GREEN POETRY!</u><br/>           3:00 Bingo<br/>           * <b>CONNECTIONS*</b></p> | <p>1<sup>st</sup> Day of Spring 20)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>TAI CHI</b><br/>           12:00 <b>ARTS &amp; CRAFTS</b><br/>           1:30 <u>SPRINGTIME IN PARIS MOVIE MATINEE</u><br/>           3:00 Bingo<br/>           Let's Go Green Day<br/>           Hug A Tree</p> |
| <p>21)<br/> <b>We Are CLOSED SUNDAYS AT The Adult Day Care Center of Las Vegas</b></p> | <p>22)<br/>           9:00 Current Events<br/>           9:30 <b>Exercise</b><br/>           10:00 Music Brain Games <b>ARTS&amp;CRAFTS</b><br/>           12:30 Trivia<br/>           1:30 <u>Gratitude Day</u><br/>           3:00 <b>SPECIAL Bingo</b></p>   | <p>23)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>DAYLIGHT SAVING MOVEMENT</b><br/>           12:30 <b>BRAIN TRIVIA</b><br/>           1:30 <u>MOVE GROOVE w ARTURO</u><br/>           3:00 Bingo</p>                   | <p>24)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>A&amp;C</b><br/>           12:30 Trivia<br/>           1:30 <u>SIGN LANGUAGE w Matha</u><br/>           3:00 Bingo<br/>           Birthday Party Day</p>                               | <p>25)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>Virtual Yoga w/Nora</b><br/>           12:30 <b>A&amp;C</b><br/>           1:30 <u>SHARE YOUR WISDOM DAY</u><br/>           3:00 Bingo</p>                          | <p>26)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>DANCE</b><br/>           12:00 <b>ARTS &amp; CRAFTS</b><br/>           1:30 <u>FRIDAY POETRY</u><br/>           3:00 Bingo<br/>           * <b>CONNECTIONS*</b></p>                     | <p>27)<br/>           9:00 Current Events<br/>           9:30 Exercise<br/>           10:00 <b>TAI CHI</b><br/>           12:00 <b>ARTS &amp; CRAFTS</b><br/>           1:30 <u>COMEDY MOVIE</u><br/>           3:00 Bingo<br/>           Call &amp; Response Poetry</p>   |

28)  
**We Are  
CLOSED  
SUNDAYS  
AT  
The Adult Day  
Care Center of  
Las Vegas**

29)  
9:00 Current Events  
9:30 **Exercise**  
10:00 Name Games  
**ARTS&CRAFTS**  
12:30 Trivia  
1:30 **Make A New  
Friend Day**  
3:00 **SPECIAL Bingo**

30)  
9:00 Current Events  
9:30 Exercise  
10:00 **MARCH  
MADNESS CREATIVE  
MOVEMENT**  
12:30 **BRAIN TRIVIA**  
1:30 **MOVE GROOVE w  
ARTURO**  
3:00 Bingo

31)  
9:00 Current Events  
9:30 Exercise  
10:00 **A&C**  
12:30 Trivia  
1:30 **SIGN  
LANGUAGE w Martha**  
3:00 Bingo

**Happy  
Birthday**  
**Reginald R. 3/3**  
**Dolores S. 3/31**

HAPPY  
**St. Patrick's**  
DAY!

