




# ACTIVITY CALENDAR

# ADULT DAY CARE CENTER OF HENDERSON (Rev. 2/1/21)

# FEBRUARY 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1) 10:00 Chair Dance 10:30 <b>Brain Games!</b> 12:30 Trivia Bag 2:00 Bingo 3:00 Talent Show TV</p>	<p>2) <b>Groundhog Day</b> 10:00 <b>Weight Workout</b> 11:00 <b>History-Trivia of Groundhog Day</b> 1:00 Bingo 3:00 <b>Feature Movie: Groundhog Day!</b></p>	<p>3) 10:00 Morning Stretch 10:30 Board games &amp; puzzle sequencing 12:30 Finish the Phrase 1:00 Bingo 2:30 <b>Car Pool Karaoke</b></p>	<p>4) 10:00 Brain Breaks Songs 10:30 <b>Chair Yoga-Nora</b> 11:00 Trivia Bag 1:00 Bingo 2:30 Stand Up Comedy: feat. Clean Comedians</p>	<p>5) <b>Tailgate Party</b> 9:30 <b>UNLV OT Students</b> 10:00 Football Play 11:00 Football Trivia &amp; Best Half-Time Shows 1:00 Pom-Pom A&amp;C 2:30 Football Movies <b>Super Bowl Pre-Party!</b></p>	<p>6) ADULT DAY CARE OF HENDERSON IS TEMPORARILY CLOSED ON SATURDAY. <i>HOWEVER</i>, THE ADULT DAY CARE CENTER OF LV IS OPEN.</p>
<p>8) 10:00 Exercise &amp; Stretch 10:30 Parachute Play 12:30 <b>Sing-a-Long</b> 1:00 Bingo 2:30 Funny Animal Videos 3:00 White-Board Games</p>	<p>9) 10:00 <b>Weight Workout</b> 10:30 Black History Trivia 12:30 Ball games 1:00 <b>Card Shark</b> 2:00 Bingo 3:00 <b>Soul Train</b></p>	<p>10) 10:00 Morning Stretch 10:30 Board games &amp; puzzle sequencing 12:30 Trivia Bag 1:00 Bingo 2:30 Broadway Show Tunes</p>	<p>11) 10:00 Brain Breaks Songs 10:30 <b>Chair Yoga-Nora</b> 11:00 <b>Chinese New Year Trivia – Year of the Ox</b> 1:00 Bingo 2:30 Stand Up Comedy: feat. Clean Comedians</p>	<p>12) <b>Valentine's Day</b> 9:45 <b>Heart &amp; Soul Activities</b> w/UNLV OT Students 12:30 Valentine's Day Art 2:00 Sweetheart snacks 2:30 <b>LOVE</b> themed movie marathon</p>	<p>13) ADULT DAY CARE OF HENDERSON IS TEMPORARILY CLOSED ON SATURDAY. <i>HOWEVER</i>, THE ADULT DAY CARE CENTER OF LV IS OPEN.</p>
<p>15) <b>President's Day</b> 10:00 Stretch &amp; Sing 10:30 <b>Presidential Trivia &amp; Activities</b> 1:00 Bingo 2:30 <b>Presidential Movie Matinee</b></p>	<p>16) <b>Fat Tuesday!</b> 10:00 <b>Mardi Gras Workout w/Music videos</b> 10:30 <b>Mardi Gras Trivia</b> 12:30 Ball Toss 1:00 Bingo 3:30 Game Shows</p>	<p>17) <b>Wellness Wed.</b> 10:00 <b>Heart Health – Wellness Wednesday</b> 12:30 Ball/Ring Toss 1:00 <b>Karaoke Fun</b> 2:30 <b>American Bandstand!</b> 3:30 Movie Matinee</p>	<p>18) 10:00 Brain Breaks Songs 10:30 <b>Chair Yoga-Nora</b> 11:00 Ice Breakers 1:00 <b>Suitcase Surprise!</b> 2:00 Bingo 3:30 Game Shows</p>	<p>19) 10:00 <b>UNLV OT Students design new activities!</b> 12:30 <b>Sing-a-Long</b> 1:00 <b>Casino Games</b> 1:30 Bingo 2:00 Popcorn Theater</p>	<p>20) ADULT DAY CARE OF HENDERSON IS TEMPORARILY CLOSED ON SATURDAY. <i>HOWEVER</i>, THE ADULT DAY CARE CENTER OF LV IS OPEN.</p>
<p>22) <b>Discover Asia</b> 10:00 Chair Workout 10:30 Early Bingo 12:30 <b>Virtual Travel- Asia!</b> 1:30 Asian Landscape Painting A&amp;C 2:30 <b>Movie theme: Asia</b></p>	<p>23) <b>Smoothie Day</b> 10:00 <b>Weight Workout</b> 10:30 Trivia bag 1:00 Bingo 2:00 <b>Smoothies &amp; Snacks</b> 2:30 Afternoon stretch 3:00 Talent Show TV</p>	<p>24) <b>Expression Day</b> 10:00 Morning Stretch 10:30 <b>VISION BOARDS</b> 1:00 <b>Music Videos &amp; instrument Jam Session</b> 2:00 Bingo <b>Inspiration &amp; Vision Board Project</b></p>	<p>25) 10:00 Brain Breaks Songs 10:30 <b>Chair Yoga-Nora</b> 11:00 Trivia Bag 1:00 Bingo 2:30 <b>Musical Movies</b></p>	<p>26) <b>Golden Globes</b> 10:00 <b>UNLV OT Students</b> lead Chair Exercise 10:30 <b>Hollywood Trivia</b> 11:00 Walk the <b>Red Carpet</b> &amp; take photos! 1:00 Bingo 2:00 <b>Hollywood Classic Award winning movies</b></p>	<p>27) ADULT DAY CARE OF HENDERSON IS TEMPORARILY CLOSED ON SATURDAY. <i>HOWEVER</i>, THE ADULT DAY CARE CENTER OF LV IS OPEN.</p>
			<p><b>HAPPY BIRTHDAY!</b>  Ramiro G. 2/2 Helen S. 2/10</p>	